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Mental Health and HIV – In Partnership Workshop

The Education and Resource Centre (ERC) held the *Mental Health and HIV – In Partnerships Workshop* on 22nd February in the AMREP Seminar Room at The Alfred

80 people from a range of metropolitan and rural agencies attended the Workshop. Expert speakers presented on mental health, how HIV and mental health intersect, dual diagnosis, various therapies and community approaches to working with people living with HIV/AIDS and a mental illness.

Since AIDS was identified 25 years ago there have been many advances in dealing with the epidemic. One of the more significant changes has been the availability of anti-retroviral treatments, which has contributed to the extension of life for many people living with HIV/AIDS. However, it has also meant that there are new and emerging issues for those who are living with the virus. The presence of a mental illness for those who are HIV-positive has become more prevalent which has resulted in new challenges for people working in the field.



Jenny Stewart,
Librarian, at ERC stall at
Mental Health workshop

The feedback from the Workshop has been extremely positive, with most attendees indicating that the content was relevant for their work and that they enjoyed the opportunity to network with others.

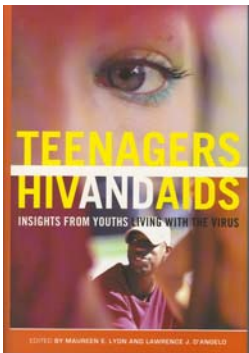
Education & Training Program kicks off

The latest ERC calendar lists professional development opportunities until June 2007 and is available on www.hivhepsti.info. The ERC’s next workshop was developed in partnership with Positive Women in recognition that nearly half of those living globally with HIV are women. This trend is vastly different for women in Australia, nevertheless it presents some unique challenges. *Women and HIV – The Forgotten Population* will be held on April 12. Cost of registration is \$60.00. To book refer to our website www.hivhepsti.info call 9076 2637 or email erced@alfred.org.au

New staff

We welcome Jane Newnham to the ERC as the RN Health Educator. Jane will work 5 days a fortnight and has gained experience in HIV, hepatitis and STIs in the DHS, at AIDSline and more recently in the Congo and Sudan. Jane has a great deal of experience working as a Registered Nurse in a variety of settings and has a Masters of Public Health.

HIV/AIDS



Teenagers, HIV, and AIDS: Insights from Youths Living with the Virus

M. E. Lyon & L. J. D'Angelo (eds), Praeger, Westport, Connecticut, 2006

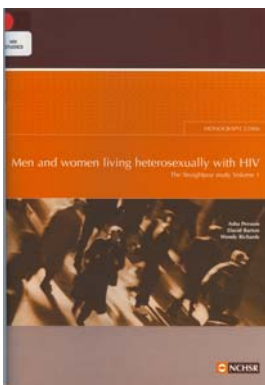
In this text, experts who work with HIV/AIDS-infected teenagers examine the psychological and social fallout compounding the frightening medical issues faced by adolescents who have received the diagnosis. The main focus is on what family, friends, teachers, and other professionals can do to help infected teens maximize their mental health and their quality of life.



Nutrition

Michael Carter (ed.) 7th Edition, NAM London, 2006

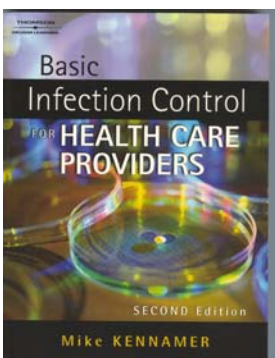
The purpose of this publication is to answer some of the most commonly asked questions about food, nutrition and HIV. It outlines how to eat well if you are HIV-positive and the types of food you should eat to keep well if you experience changes in metabolism while taking anti-HIV medication. Information on the sorts of food you should eat to maximise absorption of anti-HIV drugs is included. It also offers advice on how to prevent weight loss and food-borne infections



Men and Women Living Heterosexually with HIV: The Straightpoz Study (Vol. 1) Volume

A. Persson, D. Barton & W. Richards, National Centre in HIV Social Research, Sydney, 2006.

This report focuses on all those who are living heterosexually with HIV: HIV-positive men, HIV-positive women, HIV-negative partners and serodiscordant couples and families. The key findings of the study are revealed under the following areas: diagnosis and HIV-positivity; stigma and discrimination; secrecy and disclosure; negotiating intimate relationships; sex, sexual strategies and testing; services & community and positive futures.

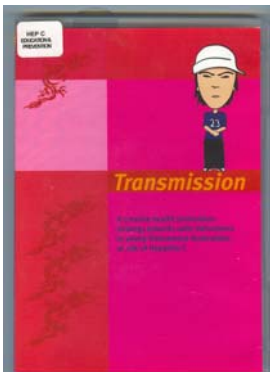


Basic Infection Control for Health Care Providers (2nd edn)

M. Kennamer, Thomson Delmar Learning, New York, 2007

This book is a clear and concise guide to preventing occupational exposure hazards and communicable and infectious diseases. It includes coverage of how to safely provide protection from infectious agents as well as what to do in case of exposure.

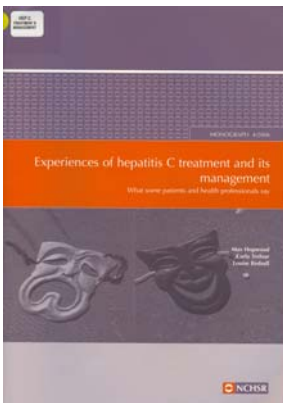
Hepatitis



Transmission: Tattoo and Lala Land (DVD)

Arts and Culture Program North Richmond Community Health Centre and Vietnamese Community in Australia (Vic. Chapter), Melbourne, c2006

This DVD provides a creative health promotion strategy towards safer behaviours in young Vietnamese-Australians at risk of Hepatitis C. It presents two short films of fast paced action combining both animation and original music. The films differ greatly in content and style however, they both present information in an accessible style to young people about Hepatitis C transmission. The films were created by two groups of young Vietnamese people aged between 15 – 18 years in collaboration with professional artists, filmmakers and animators.



Experiences of Hepatitis C Treatment and Its Management: What some Patients and Health Professionals Say

Max Hopwood, Carla Treloar & Louise Redsull, National Centre in HIV Social Research, Sydney, 2006

This report is from a study into the treatment experiences of people with hepatitis C infection and the experiences of the health professionals who treated them. The findings are of interest to those considering treatment, those who have commenced treatment, and clinicians and other health professionals seeking a perspective on treatment that is non-medical but complementary to medicine.